

# Wong-Baker FACES® Pain Rating Scale



**0**

Hakuna  
uchungu

No  
Hurt



**2**

Uchungu/inauama  
kidogo

Hurts  
Little Bit



**4**

Uchungu/inauma  
kiasi

Hurts  
Little More



**6**

Uchungu/inauma  
sana/kabisa

Hurts  
Even More



**8**

Uchungu/inauma  
sana sana

Hurts  
Whole Lot



**10**

Uchungu/inauama  
said

Hurts  
Worst

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